



AAU West Coast Junior Olympic Games Track & Field Championships

New- TOP 6 FINISHERS QUALIFY FOR THE AAU JUNIOR OLYMPIC GAMES

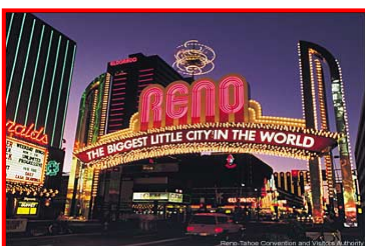
MEDALS FOR THE TOP EIGHT PLACE FINISHERS

- SITE:** Reno High School in Reno, Nevada . 395 Booth Street, Reno, Nevada 89509
- RATIONALE:** The West Coast AAU Junior Olympic Games Track & Field has been designed to place an emphasis on promoting the sport of track and field in western part of the United States.
- DATES:**
- | | |
|--------------------------------|----------------------------------|
| <i>Wednesday, July 1, 2009</i> | Packet Pick-Up/Team Check-in |
| <i>Thursday, July 2, 2009</i> | Multi-Event/Racewalk Competition |
| <i>Friday, July 3, 2009</i> | Multi-Event/Racewalk Competition |
| <i>Saturday, July 4, 2009</i> | Track and Field Competition |
| <i>Sunday, July 5, 2009</i> | Track and Field Competition |
- AGE DIVISIONS:** Individual events: Primary, Sub Bantam, Bantam, Sub Midget, Midget, Sub Youth
Youth, Intermediate, Young Men/Young Women
Relay events: Primary, Bantam, Midget, Youth, Intermediate, and Young Men/Young Women

AGE DETERMINATION: The athlete's year of birth shall determine the age division in which he/she will compete for individual events:

AGE GROUPS	YEAR OF BIRTH
Primary*	2001 & After*
Sub Bantam	2000
Bantam	1999
Sub Midget	1998
Midget	1997
Sub Youth	1996
Youth	1995
Intermediate	1993 - 1994
Young Men/Young Women**	1991 - 1992**

**Athletes who are still eighteen (18) years of age through the final day of the West Coast AAU Junior Olympic Games shall be eligible to compete.



**ENTRY
DEADLINE:**

The online entry deadline is **MONDAY, JUNE 29, 2009**



Online entry can be done at www.coacho.com .

Online registration will not be reopened after closing time. Therefore, you must make all final changes and pay before closing time on MONDAY night at 11:59pm PACIFIC STANDARD TIME.

NO ATHLETES WILL BE ALLOWED TO ENTER AFTER THIS TIME. PLEASE DOUBLE CHECK YOUR ENTRIES AND BRING YOUR EMAIL CONFIRMATION WITH YOU.

WARNING: Many coaches procrastinate and wait to register the last night. As a result, they end up running out of time and have experienced problems related to high volume. Running out of time and/or experiencing technical problems is no excuse for missing the registration deadline. Make life easier by registering before Monday.

ENTRY FEE:

TRACK AND FIELD INDIVIDUAL ENTRY FEE

\$40.00 per athlete regardless of the number of events. Fee must be paid online at the time of registration.

ALL FEES ARE NON-REFUNDABLE AND NON-TRANSFERABLE. Entry fees are per athlete, no substitutions allowed after submission. All athlete entries must be made online. Visa & MasterCard accepted.

RELAY TEAMS

There is no additional entry fee for relay events as long as the following criteria is met:

- 1) All competitors as well as alternates have paid the individual entry fee of \$40.00.
- 2) The relay team represents a current 2009 AAU registered club.
- 3) All competitors must have current AAU membership

ELIGIBILITY:

Open to any athlete or club/team who holds current AAU Membership. Register instantly online at www.aausports.org. The annual fee for individual membership is \$12.00 for athletes and \$14.00 for coaches. Consult your local AAU Office for the club fee structure.

In order for athletes to be physically prepared to compete at the AAU Championships level, it is highly recommended that athletes compete in their local AAU District meet. Contact your local AAU District at 1-800-AAU-4USA or the AAU National Headquarters 407-828-2892 for information about meets in your area.

Individual athletes (unattached) and Clubs from other organizations are also encouraged to compete in this Championship upon becoming members of the AAU.

**AAU
MEMBERSHIP:**

All relay teams and clubs/teams must present current 2009 AAU Club membership at check-in.

**EVENT
LIMITATIONS:**

All competitors in the Primary, Sub-Bantam, Bantam, Sub-Midget and Midget age divisions will be limited to a maximum of (3) three events per competitor, including relays but excluding multi-events (NO PRIMARY). Competitors in the Sub Youth, Youth, Intermediate and Young Men/Young Women age divisions will be limited to a total of (4) four events per competitor, including relays but excluding multi-events.

**DIRECTIONS TO
COMPLEX:**

Will vary depending on where you are staying. We encourage you to go to MAPQUEST and get directions.
Reno High School, 395 Booth Street, Reno, Nevada

CHECK-IN:

On-Site Packet pick-up: Check-in for all athletes and coaches participating in the 2009 West Coast AAU Junior Olympic Games Track & Field Championships will be held at the **RENO HIGH SCHOOL** track and field complex.

Hours of operation at the Registration Center will be as follows for the 2009 West Coast Junior Olympic Championships:

<i>Day/Date</i>	<i>Open Time</i>	<i>Close Time</i>
Wednesday, July 1, 2009	3:00pm	7:00pm
Thursday, July 2, 2009	7:00am	3:00pm
Friday, July 3, 2009	7:00am	6:00pm
Saturday, July 4, 2009	7:00am	End of the days competition
Sunday, July 5, 2009	7:00am	

NOTE: If your event is one of the first events on any morning and is within two hours of the opening of registration, it is mandatory that you check-in on the day before competition to obtain your packet and race number(s).

CHALLENGE PERIOD:

Any persons wanting to challenge the final results must do so via email to the meet coordinator within 5 days of the conclusion of the meet. This will be for just clerical errors (recording wrong mark) or eligibility issues. Any issues regarding competition rules will follow USATF rules guidelines.

JUNIOR OLYMPIC DECLARATION & REGISTRATION INFORMATION:

Qualifiers for the National Junior Olympic Games in Des Moines, Iowa must declare and register for the meet at Coach O. com before July 24, 2009. No entries will be accepted after Midnight EST (9:00pm on the West Coast). Do jeopardize your athletes chance of competing by not completing this step before the National JO Games. **REGISTRATION WILL BE AVAILABLE AFTER THE FIVE (5) DAY CHALLENGE PERIOD IS COMPLETED.** (Approximately July 10, 2009)

FINAL NATIONAL JO GAMES SCHEDULE OF EVENTS:

PLEASE NOTE THIS: The FINAL AAU Junior Olympic Games Schedule will be posted on July 28, 2009 at www.aauathletics.org

PARKING:

Daily parking fees will apply at some of the venues.

Also, please note that some hotels will charge for parking at their location. These prices vary. Please contact your hotel directly for more information on parking fees.

SPECTATOR TICKETS:

Spectator tickets are available at the main gate to the track and field facility at a price of \$7 per person per day. Children under the age of three (5) are admitted for free.

COACHES PASSES:

1-8 Athletes NO (0) complimentary Coaches Credentials issued.
 9-16 Athletes One (1) complimentary Coaches Credential per club
 17-25 Athletes Two (2) complimentary Coaches Credentials per club
 Over 25 Athletes* Three (3) complimentary Coaches Credentials per club

***A Maximum of three (3) complimentary Coaches Credentials will be given to any given club. All coaches must be a current registered member of the AAU and must produce current membership card to receive the complimentary pass. If AAU memberships are not presented at this time, Credentials will be forfeited. Absolutely NO Replacements for LOST or Stolen Credentials. Coaches will receive their credentials at packet pick up.**

AAU memberships will not be sold at the meet!!!!

MEDICAL:

A medical area will be stationed near the finish line.

- FLUIDS:** Water stations will be located at all event areas, clerking tent, and at the finish areas of the track. However, the AAU strongly encourages you to have water with you whether you're a competitor, coach, parent, or fan.
- WEATHER:** The average high temperature in Reno during the month of July is in the high 90's with low humidity.
- PROTESTS:** Protests concerning the status or eligibility of any competitor must be made to the AAU Youth Athletics Committee prior to the commencement of the meet, or the Referee during the meet. Protests relating to matters which develop during the conduct of the meet must be made to the Referee and be filed at once, but in any case not more than 30 minutes after the result has been announced. Protests **MUST** be filed on official protest forms and presented to the Protest Table. The Referee shall consider all available official evidence. When the Referee renders his/her decision, there is still the right of appeal to the Jury of Appeals, accompanied by a cash deposit of \$150.00. The Jury's decision is final. If the protest is denied, the cash deposit will be forfeited. ***PROTESTS CONCERNING JUDGMENT CALLS WILL NOT BE ACCEPTED.***
- HOUSING:** Specially negotiated hotel rates are available at the HOST HOTEL, Circus Circus. Our average cost per night beats all the online discount hotel sites. Visit www.aauwcjrogames.org to book online or call the hotel directly at 1-800-648-5010 and identify your affiliation with the West Coast AAU Junior Olympic Games.
- Our group rates are available on a first come, first serve basis and are guaranteed through June 6, 2009. Reservation requests received after this date will be accepted by the Hotel at a space and rate availability basis.
- TRANSPORTATION:** Participants are responsible for their own transportation during their stay.
- SECURITY:** All 2009 West Coast AAU Junior Olympic Games facilities maintain the right to search any bags, backpacks, purses, jackets, etc. throughout the duration of the Games.
- FOOD:** All 2009 West Coast AAU Junior Olympic Games facilities maintain exclusive rights to concessions. Outside food and beverage are not permitted throughout the duration of the event.
- NO GUARANTEE:** The AAU can not and does not guarantee the appearance and/or participation of specific participant(s) and/or teams (as applicable) in this event. The AAU has sanctioned (approved) this Event as an official AAU Event (competition), but the AAU is not and shall not be responsible for any participant's or spectator's expenses related to this Event (nor reimbursements for same) in case of dissatisfaction of any participant, friend, family, or spectator, this includes, but is not limited to all travel, hotel (lodging), food, entry fees and/or any other expenses related to the event.

TRACK & FIELD VENUE INFORMATION

- TENTS:** Tents will be allowed only on the top five rows of the stadium. The tents cannot be staked down, and tent tops must be removed at night or during inclement weather. Meet management reserves the right to change this policy at any time.
- SHOWER & LOCKER ROOMS:** There are no shower or locker room facilities available at the track & field venue. All competitors need to dress at their hotel and arrive at the complex ready to compete.
- RESTROOM FACILITIES:** Restroom facilities will be available at the track & field venue.
- COMPETITOR NUMBERS:** Competitor bib numbers will be issued at athlete check-in. All athletes will be required to wear their bib numbers on the front of your competition singlet at all times of competition. There is a ten dollar (\$10.00) replacement fee for lost bib numbers.
- HIP NUMBERS:** Hip numbers will be issued at clerk of the course and will be required for all running event competitors during their event. The clerk of course will indicate which side and location to wear the hip numbers at check-in time.
- IMPLEMENTS:** The Central California AAU District will be supplying implements for use at this event. Athletes may bring their own implements to use during competition. However, personal implements will be required to be weighed-in prior to reporting to the event site. Implement weigh-in will occur in a tent near the clerking and warm-up areas of the event. Implements will be impounded and delivered to the event area. Implements will be returned to the athletes after competition.
- ATHLETE** The warm up area will be located outside the stadium.

WARM-UP:

COMPETITOR CHECK-IN:

Competitors will be given a final call to check-in 1 hour prior to the start of their event. Any athlete not checked in at this time will be scratched from the event.

COOLERS:

As part of security and safety measures by **RENO HIGH SCHOOL**, coolers will be allowed as follows at the facility (1) five gallon per team, and (1) one gallon per individual. **NO GLASS CONTAINERS**. Provisions are in place to handle medications, infant products, and special dietary foods. All coolers, bags, backpacks, and duffels will be subject to the existing security inspection process.

OTHER POLICIES:

The following items will not be allowed into complex:
- Pets or animals, except service animals.

SCHEDULES:

Time specific schedules will be posted at registration.

QUALIFICATION:

This meet is OPEN to any current 2009 AAU member in the United States.



Meet contact information:

GUY FOWLER
MEET COORDINATOR
559-358-0850
centralcalaau@aol.com

DAVE SCHLICK
MEET REGISTRATION
559-679-5733
imschlick@att.net

KAREN FOWLER
AAU MEMBERSHIPS
209-845-9868



West Coast AAU Junior Olympic Games

Track and Field Championships

Schedule of Events

YOU ARE HEREBY NOTIFIED THAT THE MEET SCHEDULE OUTLINED BELOW IS TENTATIVE AND SUBJECT TO CHANGE WITHOUT PRIOR WRITTEN NOTICE. A REVISED MEET SCHEDULE WILL BE AVAILABLE UPON CHECK-IN.

CLASSIFICATION

PG-Primary Girls
 SBG-Sub-Bantam Girls
 BG-Bantam Girls
 SMG-Sub-Midget Girls
 MG-Midget Girls
 SYG-Sub-Youth Girls
 YG-Youth Girls
 IG-Intermediate Girls
 YW-Young Women

PB-Primary Boys
 SBB-Sub-Bantam Boys
 BB-Bantam Boys
 SMB-Sub-Midget Boys
 MB-Midget Boys
 SYB-Sub-Youth Boys
 YB-Youth Boys
 IB-Intermediate Boys
 YM-Young Men

S = Semifinals

TF= Timed Finals

F = Finals

In all running events, EXCEPT RELAYS, where "all divisions" are indicated, the order will be: PG, PB, SBG, SBB, BG, BB, SMG, SMB, MG, MB, SYG, SYB, YG, YB, IG, IB, YW, YM

Thursday, July 2, 2009

8:00am	2000m Steeplechase	IB, YM, IG, YM		TF
	Triathlon	SBB, BB (Combined)	HJ, SP, 400M	
	Triathlon	SBG, BG (Combined)	SP, HJ, 200M	
8:30am	Decathlon	IB, YM (Combined)	100M, LJ, SP, HJ, 400M	
8:45am	Heptathlon	IG, YW (Combined)	100H, HJ, SP, 200M	
9:00am	Pentathlon	SMB, MB (Combined)	80H, LJ, SP, HJ, 1500M	
9:30am	1500M Racewalk	SBG, SBB, BG, SMG, SMB, MG, MB (Combined when possible)		TF

Friday, July 3, 2009

8:00am	Decathlon	IB, YM (Combined)	110H, DT, JT, PV, 1500M	
	Heptathlon	IG, YW (Combined)	LJ, JT, 800M	
8:15am	Pentathlon	SYB, YB (Combined)	100H, LJ, SP, HJ, 1500M	
8:30am	Pentathlon	SYG, YG (Combined)	100H, HJ, SP, LJ, 800M	
8:45am	Pentathlon	SMG, MG (Combined)	80H, LJ, SP, HJ, 800M	
9:15am	3000M Racewalk	SYG, SYB, YG, YB, IG, IB, YW, YM (Combined when possible)		TF

Multi-Events Information

*The goal is that all events will be run in the order listed above. Adjustments may be made based on availability of field event competition areas.

*Intermediate Boys and Young Men pole vaulters may compete on separate pits (if available). Starting height will be 6' or 1.83m.

*All events will be contested approximately 30 minutes after the preceding event is completed. The 30 minute rest period will include rest, food, measuring steps, and warm ups. Be ready.

*Each "Final" Event will be contested according to the point totals of all of the preceding events. All possible medal winners must run together.

Saturday, July 4, 2009

RUNNING EVENTS

***If not enough runners in the SF, heat will be run as final at the scheduled time.**

*** Same distance races (example 1500m) might be combined**

NEW RULE: All IG, IB, YW, YM will have to use starting blocks for races of 400m and less.

9:00am	1500M	SBG, SBB, BG, BB, SMG, SMB, MG, MB	TF
	4 x 100 Relay	PG, PB, BG, BB, MG, MB, YG, YB, IG, IB, YW, YM	SF
	100M	PG, PB, SBG, SBB, BG, BB, SMG, SMB, MG, MB, SYG, SYB, IG, IB, YW, YM	SF
	110H	IB, YM	TF
	100H (33")	SYB, YB, IG, YW	TF
	100H (30")	SYG, YG	TF
	80H (30")	SMG, SMB, MG, MB	TF
	400M	PG, PB, SBG, SBB, BG, BB, SMG, SMB, MG, MB	TF
	400M	SYG, SYB, YG, YB, IG, IB, YW, YM	SF
	400IH	IB, YM, IG, YW	TF
	200LH	SYG, SYB, YG, YB	TF
	800M	SYG, SYB, YG, YB, IG, IB, YW, YM	TF
	200M	PG, PB, SBG, SBB, BG, BB, SMG, SMB, MG, MB, SYG, SYB, IG, IB, YW, YM	SF
	4 x 800 Relay	MG, MB, YG, YB, IG, IB, YW, YM	TF

FIELD EVENTS

Age divisions might be combined with other divisions (example IB and YM). It is strongly suggested that athletes be ready to go at the scheduled time. The javelin will be contested first, then followed by the discus.

8:00am	Long Jump	YW, YM, IG, IB, YG, YB, SYG, SYB, MG, MB, SMG, SMB, BG, BB, SBG, SBB, PG, PB	F
	High Jump	SBG, SBB, BG, BB, SMG, SMB, MG, MB, SYG, SYB, YG, YB, IG, IB, YW, YM	F
	Javelin	YW, YM, IG, IB, YG, YB, SYG, SYB FOLLOWED BY	F
	Discus	SMG, SMB, MG, MB, SYG, SYB, YG, YB, IG, IB, YW, YM	F

Sunday, July 5, 2009

RUNNING EVENTS

***If not enough runners in the SF, heat will be run as final at the scheduled time.**

*** Same distance races (example 1500m) might be combined**

9:00am	3000M	SMG, SMB, MG, MB, SYG, SYB, YG, YB, IG, IB, YW, YM	TF
	100M	PG, PB, SBG, SBB, BG, BB, SMG, SMB, MG, MB, SYG, SYB, YG, YB, IG, IB, YW, YM	F
	400M	SYG, SYB, YG, YB, IG, IB, YW, YM	F
	1500M	SYG, SYB, YG, YB, IG, IB, YW, YM	TF
	800M	PG, PB, SBG, SBB, BG, BB, SMG, SMB, MG, MB	TF
	4 X 100 relay	PG, PB, BG, BB, MG, MB, YG, YB, IG, IB, YW, YM	F
	200M	PG, PB, SBG, SBB, BG, BB, SMG, SMB, MG, MB, SYG, SYB, YG, YB, IG, IB, YW, YM	F
	4 X 400 relay	BG, BB, MG, MB, YG, YB, IG, IB, YW, YM	TF

FIELD EVENTS

Age divisions might be combined with other divisions (example IB and YM). It is strongly suggested that athletes be ready to go at the scheduled time.

8:00am	Shot Put	PG, PB, SBG, SBB, BG, BB, SMG, SMB, MG, MB, SYG, SYB, YG, YB, IG, IB, YW, YM	F
	Triple Jump	SYG, SYB, YG, YB, IG, IB, YW, YM	F
	Pole Vault	SYG, SYB, YG, YB, IG, IB, YW, YW	F